

## Day Program Activities & Outings

## February 2025

Key:  Free Outings   Paid Outings   The Village						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	Martial Art Fitness 1  Morning  Meditation &  Mindfulness  Session	Martial Art Fitness 2 Art Therapy Session Bowling at Max's Bowling 3838	Martial Art Fitness 1 Lunch Bunch- The Flying biscuit 3819 & 3838	Martial Art Fitness 2 Music Therapy Session Bowling at Max's Bowling 3819 5 Below	7 Karaoke Pay at The Village Center Computer Lab	8
9	Martial Art Fitness 1 Morning Meditation & Mindfulness Session Tower Gardening with Tanya	Martial Art Fitness 2 Art Therapy Session Movie at Showbiz 3838	Martial Art Fitness 1 Lunch & Shopping at the Mall 3819	Music Therapy Session Bowling at Max's Bowling 3838 Hobby Lobby	VALENTINES DAY ICE CREAM SOCIAL! Computer Lab	15
16	Martial Art Fitness 1 Morning Meditation & Mindfulness Session	Martial Art Fitness 2 Art Therapy Session Bowling at Max's Bowling 3838	Martial Art Fitness 1 Lunch Bunch- Three B's Grill 3819 & 3838	Music Therapy Session Bowling at Max's Bowling 3819 Dollar Tree	21 OUTSIDE FUN AT THE VILLAGE Computer Lab	22
23	Martial Art Fitness 1 Morning Meditation & Mindfulness Session	Martial Art Fitness 2 Art Therapy Session Movie at showbiz 3819	26 Martial Art Fitness 1 Lunch & Shopping at the Mall 3838	Martial Art Fitness 2 Music Therapy Session Bowling at Max's Bowling 3819 Walmart	28 Stroll to Starbuck's 3838 & 3819 Computer Lab Tower Gardening with Tanya	1

## **Important Information:**

For all outings: Clients should be at the center by 9:30 am the day of the outing. Otherwise, they may be counted absent and removed from their scheduled outing. **All Villagers must bring a minimum of \$15 to attend outings marked in GREEN**. If a villager does not bring money, they will not be permitted to participate in the outing. Free outings will be marked in **BLUE**. Due to popularity, Only the first 20 Villagers who sign up for the out will attend.

Movie outing- We will attend Showbiz Cinema on February 11th (3819) and 25th (3838). The movie the villagers will be viewing this month is **Sonic The Hedgehog 3**. Please remember your Villager will need money to attend.

Store Runs- Held every Thursday, are free outings designed for Villagers who enjoy lending a hand by restocking our store and arts and crafts supplies. It's also a fantastic opportunity to explore our vibrant community, soak in the sights, and indulge in lighthearted window shopping. (5 and below, Hobby Lobby, Dollar Tree, Walmart.)

Lunch Bunch- We want to start having a monthly Lunch Bunch outing at local restaurants here in Kingwood. We will provide a menu sent home with the clients if you would like your Villager to attend; please look over the <u>menu with them and send a note</u> <u>of what they will be getting along with the \$15-\$20 so your villager can attend, eat and leave a tip for the wait staff.</u> This is a money management opportunity. Please note that due to popularity, Only the first 20 Villagers who sign up for the monthly lunch bunch will attend.

